

# Prof. Dr. Belgin Erhan, MD

Physical Medicine and Rehabilitation (PMR) and Pain Medicine  
Specialist in Istanbul, Turkey

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## ACADEMIC TITLES

### **Professor**

2019 - PRESENT

*Istanbul Medeniyet University, Faculty Of Medicine, Internal Medical Sciences,  
Department of Physical Medicine and Rehabilitation*

### **Professor**

2013 - 2019

*Istanbul Aydin University, Faculty Of Health Sciences, Department Of Physiotherapy  
And Rehabilitation*

### **Associate Professor**

2000 - 2013

*Istanbul PMR Teaching Hospital (Fizik Tedavi Rehabilitasyon Eğitim ve Araştırma  
Hastanesi), Department Of Physical Medicine and Rehabilitation*

## EDUCATION

**Istanbul University, Cerrahpasa Faculty of Medicine, Department  
of Physical Medicine and Rehabilitation, Residency - 1995**

**University of California Los Angeles, West LA VA Medical Center  
Multicampus PMR Residency Program, Visiting Resident - 1993**

**Pain Specialist Diploma, 2011**

**Istanbul University, Faculty of Medicine, MD - 1989**

## FELLOWSHIPS AND AFFILIATIONS

### **International Spinal Cord Society (ISCoS)**

*ISCoS Prevention Committee Chair - 2021*

*ISCoS Board Member-2021*

*ISCoS Prevention Committee Member - 2019*

*Subcommittee of World SCI Day in 2020 and 2021*

*ISCoS Fellow - 2008*

**National Neurotoxin Society, Founder and President - 2019**

**Turkish PMR Society, Board Member - 2005-2007**

**Turkish PMR Specialist Society Spinal Cord Injury Study Group, President  
2021-present**

**Turkish PMR Society Spasticity Study Group, Founder and President -  
2012-22, Co-Chair: present**

**European Board Diploma, Trainer in PMR - 2010**

**National Society of Spinal Cord Diseases (ISCoS affiliated),**

*Board Member - 2004-2005/2007-2009/2019-2021*

**Turkish Pain Society, Member**

**International Neurotoxin Society, Member 2019**

**International Society of Physical and Rehabilitation Medicine**

## ABOUT

*For the last 25 years, I have been writing, publishing and presenting my experiences, observations and trials about SCI and related topics.*

*Produced more than 200 articles for national and international peer review journals*

*Edited five books in the field of spinal cord injury rehabilitation and spasticity management.*

*Led over 100 workshops and training symposiums on SCI management, pain management, botulinum toxin injections, spasticity management, neurologic diseases rehabilitation and osteoporosis management*

*Involved in the organization committees of numerous International meetings including: ISCoS Meeting 2013, World Congress for Neurorehabilitation 2014, INEREM 2015, ISNEREM 2016 and ISPRM World Congress 2009.*

## AREAS OF EXPERTISE

- Spinal Cord Injury (SCI) Rehabilitation
- Spasticity Management
- Pain Management
- Ultrasound guided Botulinum Toxin Injections
- Stroke, TBI, MS and CP Rehabilitation
- Neurogenic bladder management
- Osteoporosis management

## MANAGERIAL EXPERIENCE

**Head of PMR Department,  
Istanbul Medeniyet University,  
Faculty of Medicine present**

**Head Physician - Istanbul PMR  
Teaching Hospital 2012-2014**

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(ISPRM), Member

**International Society of Physical and Rehabilitation Medicine**

(ISPRM), Member of Pain Special Interest Group-2022

**Mediterranean Forum of Physical and Rehabilitation Medicine**

(MFPRM), Member

Deputy Head Physician  
-Istanbul PMR Teaching  
Hospital 1997-2002

Clinical Director - 1. PMR  
Clinic,Istanbul PMR Teaching  
Hospital 2005-2012

Deputy-Clinical Director - 1.  
PMR Clinic,Istanbul PMR  
Teaching Hospital 2001-2005

Administrative Head of PMR  
Department, Istanbul Medeniyet  
University, Faculty of Medicine  
2021-present

Academic Coordinator-  
Okmeydanı Teaching Hospital  
2016-2017